

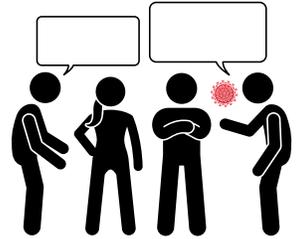
Limit Family Gatherings During COVID-19

You may think it's harmless to have family gatherings now, but here's why you should think twice:

1

Family Gatherings Increase Person-to-Person Contact.

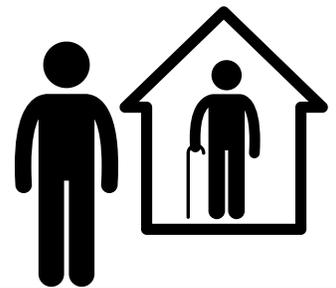
Most often, the virus is spread with close contact. At a gathering, everyone's risk goes up.



2

Protect Your Loved Ones!

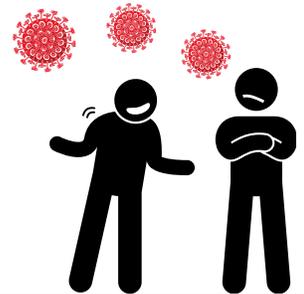
Family elders and those with health conditions are more likely to get very sick or need to be hospitalized if they get COVID-19. Everyone can help protect them.



3

Better to Be Safe than Sorry.

Even people who look healthy can be infected and spread the virus. That's why it's important to stay away from people outside of your household, even if they don't look sick.



4

Your Household is Only Those You Live With.

Limit gatherings to people who live in your home. To be safest, other family and guests should not visit for any reason.



We may be apart, but we can still connect. We can be social, just in different ways. With phone calls or video chat, we can support each other, laugh together, and check on our loved ones.



Please visit: santacruzhealth.org/coronavirus



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